



ADULT CLASSES

Fashion Illustration – **New**

\$58

Learn great techniques in fashion design. Make it a hobby or learn the Basics before taking more advanced design classes. **Location:** Room 3.

Instructor: Barcelona

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.706	T	9/16-11/4	6:00-7:00pm	14+	8	BR

Oil Painting – **New**

\$58

Oil painting is easy once you learn the basics, and later become comfortable with intermediate to advanced techniques of this beautiful Art. A supply list will be sent to you with your receipt. **Location:** Room 3.

No Class 10/13

Instructor: Barcelona

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.707	M	9/15-11/10	6:00-7:30pm	14+	8	BR

Adult-Tennis Beg. and Int./Adv. – **New**

\$114

This class is for the person just starting out, as well as the player who has had a series of lessons and can make contact with the tennis ball! Learn the basic strokes, etiquette and rules of the game. Bring tennis racquet for each class and one can of new tennis balls to the first Day of class **Location:** Cataldi Park

No Class 10/11

Instructor: Silicon Valley Tennis

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.708	Sa	9/20-11/15	8:00-9:00am	16+	8	CT

Saturday Yoga – **New**

\$58

Increase your strength, flexibility, inner balance, and vitality by participating in this class designed to reconnect you to your inner self. Bring your mat and water bottle.

No Class 10/11, 11/8

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.709	Sa	9/20-11/22	10:15-11:00am	16+	8	BR

Evening Yoga – **New**

\$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.710	T	9/16-11/4	7:00-8:00pm	16+	8	BR

Morning Yoga

\$58

Increase your strength, flexibility, inner balance and vitality by participating in this class designed to reconnect you to your true self. This class will focus on relieving tension in the back, neck, shoulders, and hips through breathing techniques and relaxation. Additionally, special attention will be paid to proper alignment to enhance energy flow and posture.

Instructor: Martin

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.711	T	9/16-11/4	9:00-10:00am	18+	8	BR

Berryessa Youth Center

1970 Morrill Ave., San Jose, CA 95132

Phone: 408-262-1014

Fax: 408-262-1060

Contact: Angela Martignetti

Supervisor: Kendra Yarn

Email: kendra.yarn@sanjoseca.gov

Bus Line: 64

Berryessa Youth Center strives to provide quality recreational activities, educational and cultural programs to the youth of the community. The Youth Center works collaboratively with the school to ensure that all youth have access to safe meaningful programs designed to meet their needs.

DROP-IN

Hours Effective September 2, 2008

HOURS: M/T/W/F 2:30-5:30pm · Th 1:00-5:30pm

Drop-In Activities include: Homework time, Sports, Game Room, clubs, and Lounge.

For ages 11-18yrs or 6th to 12th grades enrolled.

Membership Fee: \$40 with a current student I.D. during '08-'09 School Year

Youth Open Gym – **New**

Friday Evenings 6:00-9:00pm

\$2 a visit or \$15 for 10 visits

The Berryessa Youth Center offers an open gym program for youth. Come join friends and make new ones for fun sport games on Friday evenings. Activities can include organized sports, sport tournaments and open gym. Middle school/High school students welcome (School I.D. Required)

The City of San José Parks and Recreation Commission advises the City Council and the PRNS Director, and provides input into policies and issues affecting existing or proposed parks, community centers, and recreation programs

Parks and Recreation Commission Meetings on the First and Third Wednesday of the month at 5:00 p.m.

For Information call:

(408) 535-3570

www.sanjoseca.gov/prns/comms



Parks, Recreation and Neighborhood Services



SPORTS & FITNESS

Fun-petitive Co-Ed Flag Football (5-10 yrs) \$60

Our FUN-petitive co-ed flag football league is designed to introduce young athletes, under the age of 12 years, to the fast paced sport of flag football. The athletes will play modified games where they develop positive attitudes about themselves, become team leaders, and learn about the sport they are playing all while having a great time! No scores or league standings will be kept. Our league adheres to the mission and vision of the Positive Coaching Alliance. Family involvement is an essential part of our league. Ask how YOU can become more involved as a volunteer. The cost of the league includes a T-shirt, trophy, and END of the Season BBQ.

Location: Cataldi Park

No Class 10/11, 11/8, 11/22, 11/29

Instructor: Staff

Course #	Day	Dates	Time	Age	Mtg.	Loc.
212.2.903	Sa	9/20-12/6	9:00am-5:00pm	5-10	8	CT

Coed Badminton BEG and INT - *New Levels* \$58

Learn the fastest racquet sport in town! Basic fundamentals, techniques and skills for badminton will be taught to students ranging in age (6 yrs and up). Classes will be for beginners, intermediate and advanced levels. Instructors will assess your skill level at the first class meeting. Participants must wear proper attire: T-Shirt, shorts or warm-up pants and appropriate court shoes, (no heels allowed on the court). Participants must bring in their own badminton racquet, new birdies and a full water bottle to each class. Food and beverages (other than water) are not allowed in the Gymnasium.

No Class 11/27

Instructor: Huang

Course #	Day	Date	Time	Age	Mtg.	Loc.
212.2.534 (BEG)	Th	9/18-10/16	6:30-8:00pm	6+	5	BYC
212.2.535 (INT)	Th	11/6-12/18	6:30-8:00pm	12+	5	BYC

Co-Ed Volleyball - *Returns!* \$68

This great sport never grows old and offers a great workout! This class will have multi-levels of instruction for Beg, Int, and Adv. players and game play. This sport builds great team sportsmanship too.

No Class 11/11

Instructor: Huang

Course #	Day	Dates	Time	Age	Mtg.	Loc.
212.2.536	T	9/16-11/4	7:00-8:30pm	14+	8	BYC

Camden Community Center

3369 Union Ave., San José 95124

Phone: 408-559-8553

Fax: 408-559-1203

Contact: Kiersten McCormick

Email: kiersten.mccormick@sanjoseca.gov

Contact: Bridget McKay

Email: bridget.mckay@sanjoseca.gov

Bus Lines: 62 and 37

Types of Programs: Adult drop-in sports, adapted sports, fee classes, gym/fitness, rentals, senior, swim and youth programs.

ARTS AND CRAFTS

Art Adventures

\$91

Children embark on an imagination journey filled with fun and fantasy! In this spectacular course, designed specifically for preschoolers, students experience each of the art disciplines: Creative Drama, Dance, Music, and Visual Arts. Each class presents a different theme with fun and engaging activities. Through this course, preschoolers develop skills to prepare them for the next stage of growth: creative expression, movement and motor skills, socialization, language development and math concepts. From the ocean to the jungle, royal castles to safari scenes, children set off on a course of adventure with costumes, props, music, arts and crafts, and lots and lots of imagination! **The parent participation class is for the registered child and caregiver only - No non-registered participants. *Parent Participation Required**

Instructor: C.L.A.P.

Course #	Day	Dates	Time	Age	Mtg.	Loc.
382.2.421	F	9/19-11/7	4:00-4:45pm*	2-4	8	CM
382.2.422	F	9/19-11/7	4:45-5:30pm	3-5	8	CM

Cartoon Drawing Basics

\$79

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, and storytelling. The benefit of this class is the development of their imagination, problem solving, fine motor and socialization skills.

Instructor: Tomasi

Course #	Day	Dates	Time	Age	Mtg.	Loc.
382.2.103	T	9/16-11/4	4:00-5:00pm	7-10	8	CM

Camden Community Center continues on the next page

Don't Miss Out!

Register early because a class may be cancelled if it does not meet the minimum enrollment.